

WILSON COLLEGE

Upon completing the checklist, please sign the Technical Standards Review below, acknowledging that you have read, understood, and agree to comply with these standards.

Physical Factors: Motor Skills		
	Yes	No
I am able to stand with good balance for extended periods of time while engaging in clinical and classroom activities.		
I am able to walk independently and safely across various surfaces in clinical and community settings.		
I am able to sit for prolonged periods while maintaining focus and proper posture during classes and documentation tasks.		
I am able to lift up to 70 lbs. safely, including assisting clients in transfers and positioning.		
I am able to carry up to 50 lbs., including therapy equipment and materials needed for clinical activities.		
I am able to push or pull up to 50 lbs., such as moving wheelchairs, therapy carts, or adjusting client positioning.		
I am able to bend at the waist to reach low surfaces or assist clients with therapy exercises.		
I am able to crouch to work at a lower level, such as when interacting with pediatric clients.		
I am able to kneel for extended periods to perform hands-on therapy interventions.		
I am able to crawl when necessary to demonstrate or assist with therapy activities involving floor-level movements.		
I am able to sit on the floor and rise independently to engage in therapy with clients at their level.		
I am able to grasp objects with firm/strong grip strength to handle therapy tools and assist clients.		
I am able to use a light grasp for manipulating small objects during therapy interventions.		
I am able to use fine motor dexterity for precise manipulation of therapy tools and documentation.		
I am able to reach forward and overhead to adjust equipment, retrieve materials, or assist clients.		
I am able to coordinate movements of my hand, wrist, and fingers to perform fine motor tasks.		
I am able to integrate eye-hand coordination to complete tasks requiring precision and accuracy.		
Physical Factors: Sensory/Perceptual		
	Yes	No

I have adequate near vision to read printed materials, digital screens, and therapy charts.		
I have sufficient far vision to assess client movements and interactions from a distance.		
I have functional depth perception to judge distances and perform hands-on interventions safely.		
I have the ability to distinguish colors to accurately interpret therapy tools and safety indicators.		
I have a full field of vision to monitor my surroundings and respond to environmental changes.		
I have the ability to visualize spatial relationships to assist clients with functional positioning.		
I can perceive and recognize shapes and forms necessary for assessment and intervention planning.		
I can hear and understand normal conversation in clinical and classroom environments.		
I can hear and comprehend telephone conversations for communication with clients and colleagues.		
I am comfortable with tactile contact when performing hands-on therapy techniques.		
I can differentiate objects and textures by touch for accurate assessments and interventions.		
Physical Factors: Environmental		
	Yes	No
I am able to work in an indoor clinical or classroom setting for extended periods.		
I am able to work in outdoor environments when required for community-based interventions.		
I am able to tolerate exposure to dust, odors, and chemicals that may be present in healthcare settings.		
I am able to function safely in environments with moving machinery or electrical equipment.		
I am able to navigate and maintain balance on uneven or slippery surfaces.		
I can tolerate vibrations from therapy equipment as needed for interventions.		
I am able to wear protective clothing, masks, and gloves as required in clinical settings.		
Cognitive Factors		
	Yes	No
I am able to reason through complex situations and draw valid conclusions to support client care.		
I can follow instructions provided in oral, written, or schedule form with accuracy.		
I can problem-solve effectively in unexpected situations to ensure client safety and care.		
I can carry out multi-step instructions as needed for therapy interventions.		

I can retain and apply learned information over time in academic and clinical settings.		
I can generalize knowledge and instructions from one situation to another.		
I can perform basic mathematical functions such as calculating time, measuring therapy materials, and documenting client progress.		
I can comprehend manuals, therapy guides, safety protocols, and medical charts.		
I can proofread and verify written information for accuracy.		
I can produce written documentation that adheres to grammar, spelling, and formatting rules.		
I can maintain a consistent work pace, including meeting deadlines and attending all required sessions.		
I have basic computer skills, including sending and receiving emails, conducting online research, and engaging in virtual coursework.		
Social-emotional and Communication Factors		
	Yes	No
I am able to engage in face-to-face conversations with appropriate eye contact and body language.		
I can manage my time effectively and fulfill my commitments and responsibilities.		
I can present myself professionally in terms of dress, speech, and demeanor.		
I take initiative in seeking out information and completing tasks independently.		
I can demonstrate empathy and sensitivity when working with clients.		
I work cooperatively and effectively with peers, faculty, and clients.		
I am able to prioritize and organize tasks efficiently.		
I can receive and apply constructive feedback to improve my performance.		
I have proficient English language skills for both written and verbal communication.		

Technical Standards Review

Printed Name: _____

I have reviewed the Technical Standards required for the Entry-Level Doctorate in Occupational Therapy (OTD) program at Wilson College.

I understand that:

1. If I have a documented disability and require accommodation, I must disclose my disability and provide appropriate documentation to the Director of Disability Support Services at Wilson College.
2. I am required to review and sign this document at the start of each semester to confirm my ability to meet these standards.
3. These skills are necessary for meeting the requirements of coursework, fieldwork, the capstone experience, and entry-level practice.

4. If my ability to meet these Technical Standards changes at any time during the program, I must notify my academic advisor and/or the Program Director immediately. I acknowledge that such changes may affect my ability to continue in the program, participate in fieldwork, complete my capstone experience, or transition into entry-level practice.

Signature: _____ Date: _____

For any questions regarding technical standards or accommodation requests, please contact the program administrator.